Some common examples of superfluous, awkward, unnecessary, or unnecessarily-long phrases or words

It has been shown that many eutrophic freshwater bodies worldwide **are facing** high potential risk to form blooms occurring toxic cyanobacteria mass frequently ...

\rightarrow
Many eutrophic freshwater bodies face high risk of frequent toxic cyanobacterial blooms
In a study by Smith et al. (1967), they showed that
Smith et al. (1967) showed that
In order to determine the levels of diversity
→
To determine the levels of diversity
We utilized a linear regression to test →
We used a linear regression to test
The authors found a large number of
\rightarrow
The authors found many
The analyses are dependent on
→
The analyses depend on
In the majority of studies
→
In most studies

\rightarrow
At present Currently
Future research is needed to assess
→
Future research should assess
It is worth noting that It should be noted forest amphibians can succumb to chytrid disease
→
Forest amphibians can succumb to chytrid disease
These results suggest that species richness may possibly relate to habitat complexity
\rightarrow
These results suggest that species richness relates to habitat complexity
In general use simple direct language. Examples of words to avoid discern, methodology, elucidate
Use instead
test, method, show
Avoid using unnecessary adverbs
e.g. The Andes Mountains are very high
Simply indicate that they are 'high' and if you wish to bolster the assertion cite some simple statistics.
Due to the fact that
e.g. Tree swallow populations are declining regionally due to the fact that insects are emerging asynchronously with peak breeding
Use instead 'because'
e.g. Tree swallow populations are declining regionally because insects are emerging asynchronously

At the present time ... At this point in time ...

with peak breeding ...

Other words and phrases to avoid in scientific writing

(see https://blog.scipress.com/posts/words-to-avoid-in-academic-writing)

Contractions

For example ...

Can't = cannot doesn't or don't = does not or do not isn't = is not

Slang

For example ...

a couple of = several

Colloquialisms & Idioms

to get through it = to survive to get out of hand = to be no longer under control a drop in the bucket = few or little

Clichés

in a twinkling of an eye = immediately, instantly